

## Medications to Avoid Before Surgery

Many medications, vitamin supplements and herbal remedies can interfere with each other and cause problems while in the presence anesthesia. It is necessary to disclose anything that you take daily or regularly, and have taken in the past months including:

- Prescription Medications
- Over-the-Counter Medications
- Vitamin and Mineral Supplements
- Herbal or “Natural” Supplements and Remedies
- Essential Oils
- Recreational Drugs (even if consumed only once in the past 3 months)

You should create a list of any of the previously listed items and give it to your doctor and anesthesiologist. Be sure to include anything taken in the past 3 months as some chemicals remain in the body for long periods of time.

Your surgeon will instruct you to avoid any products containing aspirin or ibuprofen for at least 2 to 3 weeks prior to surgery. These products inhibit blood clotting and can cause excessive bleeding during and after surgery.

If you smoke, you must stop at least 2 to 3 weeks before surgery and do not start again until 2 to 3 weeks after surgery. Smoking reduces the body’s ability to circulate blood effectively and will slow the healing process.

This is a list, though not a complete one, of medications you should avoid before your surgery. Remember to give your surgeon and anesthesiologist a list of all the medications, vitamin and mineral supplements, and any other substance you use regularly or have used in the past 3 months. This will ensure your safety during the operation.

### **A**

All Advil products, Alka-Seltzer, Aluprin, Aleve, Amigesic Capsules, Anacin, Ansaid, Analval, Anaprox, Anaprox-DS, Anaproxen, Anodynos, Ansaid, APC, Argesic, Arthra-G, Arthralgen, Arthritis Pain Formula, Arthritis Strength Bufferin, Arthropan, Arthropan Liquid, Ascodeen, Ascriptin, all Ascriptin products, Asperbuf, Aspercin, Aspergum, aspirin (of any kind, including suppository form), ASpirTab, Asprimox products, ASA Tablets, Axotal, Azdone, azulfidine products

### **B**

B-A-C, all Bayer Aspirin products, BC Powder/Tablets, Bismatrol, bilberry tablets, Brufen products, Buff-A-Comp, Buff-A Comp No.3 Tablets with codeine, Buffaprin, Buffasal, all Bufferin products, all buffered aspirin products, Buffets II, Buffex, Buffinol, Butalbital, Butal/ASA/caffeine compound, Butazolidin

**C**

Cama Arthritis Pain Reliever, Cataflam, carisoprodol, cayenne, Cephalgesic, Cheracol, Clinoril, Congespirin, Contac products, Cope, Coricidin products, Coumadin, Cosprin products, CP-2

**D**

Damason-P, Darvon products, Daypro, Deprenyl, diclofenac, diflunisal, dipryridamole, Disalcid, Diurex, Doan's products, Dolobid, Dolophine, Drinophen, Dristan products, Duoprin products, Duradyne DHC

**E**

Easprin, echinacea, Ecotrin products, Eldepryl, Emagrin, Empirin products, Emprazol, Endodan, Epromate-M, Equagesic, Equazine-M, etodolac, Excedrin

**F**

Feldene, fenoprofen, Fiogesic, Fiorinal products, Florgen, Flurbiprofen, 4 Way Cold products

**G**

Garlic tablets or supplement, Gelpirin, Genpril, Genprin, Gensan, Ghemnisym, Ginger, Gingko biloba, Goody's Headache Powder products

**H**

Haltran, heparin, Halfprin

**I**

Ibu, Ibu-Tab, ibuprofen, Ibuprin, Ibuprohm, Indocin, Indochron, indomethacin, Infantol, iproniazid, isocarboxazid, Isollyl

**J****K**

Ketoprofen, ketorolac

**L**

Lanorinal, licorice root, Lodine, Lortab ASA

**M**

Magan, Magnaprin, Magsal, all MAO inhibitors, Marnal, Marplan, Marthritic, Measurin, meclofenamate, Meclomen, Medigistic-Plus, Medipren, Menadol, Meprogesic, methocarbamol, Micranin, Midol products, Mobidin, Mobigesic, Momentum, Monogesic, all Motrin products

**N**

Nabumetone, Nalfon, Naprosyn, Nardil, nefazodone, Norgesic products, Norwich Extra Strength Aspirin, Nuprin, NyQuil/NyQuil P.M.

**O**

Omega-3 oil (fish oil), Orphenagesic products, Orudis, Oruvail, oxycodone/aspirin

**P**

P-A-C, Pabalate, Pacaps, Pamprin-IB, Panalgesic, Panodynes, papaya, Parnate, PediaProfen, Pedrazil, pentoxifylline, Percodan products, Persantine, Persisrin, PetoBismol, Phenaphen, phenelzine, pine bark extract, piroxicam, Presalin, Propoxyphene, Ponstel, Pycnogenol

**Q**

Quagesic, Quiet World

**R**

Relafen, Rexolate, Robaxin, Robasisal, Roxiprin, Rufen, Robaxisal

**S**

S-A-C, Salatin. Saletto products, Salflex, salicylamide, Salocol, salsalate, Salsitab, selegiline, Serzone, Sine-Aid products, Sine-Off products, Soma Compound products, St. Johns wort, St. Josephs Aspirin products, sodium thiosalicylate, Stanback Analgesic, Sudafed, sulindac, Supac, Synalgos products

**T**

Talwin, Tenol-Plus, Tolectin products, tolmetin, Toradol, tranylcypromine, Trendar, Trental, Triaminicin, Tricosal, Trigesic, Trilisate, Tri-Pain

**U**

Ultrapin, Unipro

**V**

Valesin, Vanquish, ViroMed, Vitamin E, Voltaren

**W**

Warfarin, Wesprin Buffered

**X****Y**

Yohimbe

**Z**

Zactrin, Zorprin